

Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
29	2019	w	Köhler, Ines	9.4	652	5:27.6	650	1:12.7	551	<b>1853</b>	15.7	579	11:34.7	730	2:42.1	616	<b>1925</b>	32.7	559	19:53.6	743	3:32.4	650	<b>1952</b>	0:41:50.0	<b>772</b>	<b>6502</b>
29	2019	m	Jokisch, Georg	7.5	824	5:00.2	504	0:58.9	642	<b>1970</b>	12.4	776	11:00.2	505	2:25.2	505	<b>1786</b>	25.6	737	19:25.1	478	3:08.7	527	<b>1742</b>	0:40:44.0	<b>495</b>	<b>5993</b>
29	2019	m	Köhler, Alexander	8.0	721	5:00.4	503	1:02.4	552	<b>1776</b>	13.2	677	10:51.6	525	2:27.5	481	<b>1683</b>	27.9	602	18:25.2	559	3:10.2	515	<b>1676</b>	0:39:04.6	<b>559</b>	<b>5694</b>
29	2019	m	Hecht, Sascha	8.5	626	5:15.9	428	1:09.6	388	<b>1442</b>	14.3	552	11:27.4	444	2:41.7	346	<b>1342</b>	30.0	490	19:51.9	444	3:29.3	373	<b>1307</b>	0:41:31.3	<b>466</b>	<b>4557</b>
29	2019	w	Jordan, Silke	10.5	480			1:18.4	437	<b>917</b>	16.8	475	13:18.2	513	2:54.5	502	<b>1490</b>	36.9	378	23:16.1	498	4:03.6	440	<b>1316</b>	0:48:10.7	<b>550</b>	<b>4273</b>
29	2019	m	Duschka, Kay	9.9	394			1:14.3	296	<b>690</b>	15.2	459	11:26.7	446	2:42.1	343	<b>1248</b>	32.0	394	19:34.6	466	3:29.4	372	<b>1232</b>	0:41:32.4	<b>466</b>	<b>3636</b>
29	2019	m	Radow, Georg	8.7	590	6:20.2	180	1:17.5	241	<b>1011</b>	14.5	530	14:20.8	148	3:06.5	164	<b>842</b>	32.1	389	25:13.1	133	4:07.8	156	<b>678</b>	0:56:14.3	<b>86</b>	<b>2617</b>
29	2019	w	Gorodelska, Viktoriya								17.2	440	12:58.4	552	3:08.5	388	<b>1380</b>										<b>1380</b>
29	2019	m	Altnickel, Jens	9.4	471	6:53.1	94	1:24.3	143	<b>708</b>	15.6	420	15:16.6	86	3:22.5	82	<b>588</b>	72.0	1					<b>1</b>			<b>1297</b>
29	2019	m	Bernhard, Robert								14.3	552	15:39.6	66	3:03.0	186	<b>804</b>										<b>804</b>
29	2019	m	Brauns, Jobst	11.3	216	9:26.7	1	2:01.2	1	<b>218</b>	19.0	161	20:28.3	1	4:58.9	1	<b>163</b>	45.6	18	34:22.0	1	6:43.7	1	<b>20</b>	1:11:43.0	<b>1</b>	<b>402</b>
29	2019	m	Polleschner, Gerhardt	12.2	129	9:12.8	1	2:10.8	1	<b>131</b>	21.5	48	19:46.5	1	4:49.8	1	<b>50</b>	49.2	1	34:47.7	1	6:15.3	1	<b>3</b>	1:17:45.0	<b>1</b>	<b>185</b>
28	2018	m	Jokisch, Georg	7.8	762	5:09.2	460	0:58.9	642	<b>1864</b>	12.3	789	11:19.6	461	2:30.9	447	<b>1697</b>	25.6	737	20:04.2	429	3:17.3	459	<b>1625</b>	0:43:09.2	<b>409</b>	<b>5595</b>
28	2018	m	Köhler, Alexander	8.3	663	5:25.0	386	1:09.2	396	<b>1445</b>	13.2	677	12:22.3	333	2:37.5	384	<b>1394</b>	27.2	641	21:20.6	340	3:32.9	349	<b>1330</b>	0:42:51.3	<b>419</b>	<b>4588</b>
28	2018	m	Röder, Steffen	7.5	824	5:41.8	315	1:03.0	537	<b>1676</b>	13	701	13:09.4	251	2:42.7	338	<b>1290</b>	26.8	665	24:24.1	169	3:42.0	291	<b>1125</b>	0:51:37.5	<b>172</b>	<b>4263</b>
28	2018	m	Sonntag, Steven	7.7	782	5:50.2	282	1:07.1	441	<b>1505</b>	13.7	618	13:05.2	258	2:49.8	279	<b>1155</b>	28.8	552	23:07.2	234	3:48.5	253	<b>1039</b>	0:47:56.0	<b>263</b>	<b>3962</b>
28	2018	w	Engwicht, Emilia	9.9	571	8:16.1	92	1:31.6	223	<b>886</b>	16.9	467	19:25.3	51	4:05.6	73	<b>591</b>	35.7	426	33:23.1	56	5:27.5	77	<b>559</b>	1:13:38.0	<b>37</b>	<b>2073</b>
28	2018	m	Sonntag, Mario	7.9	741	6:35.0	138	1:25.3	130	<b>1009</b>	16.3	357	15:18.7	84	3:25.6	70	<b>511</b>	34.9	273	26:53.7	73	4:21.4	102	<b>448</b>			<b>1968</b>
28	2018	m	Röder, Dirk	10.4	324	7:44.9	14	1:26.0	122	<b>460</b>	16.6	331	17:43.6	3	3:53.8	3	<b>337</b>										<b>797</b>
28	2018	m	Engwicht, Jakob	10.4	324	7:42.4	17	1:39.6	15	<b>356</b>	18.2	211	18:03.2	1	3:55.6	1	<b>213</b>	39.7	122	29:02.2	22	5:19.1	1	<b>145</b>			<b>714</b>
28	2018	m	Jokisch, Lutz	9.3	487	7:06.9	66	1:26.8	113	<b>666</b>																	<b>666</b>
28	2018	m	Schneider, Tina	11.6	185	8:24.4	1	1:44.1	2	<b>188</b>	19.7	122	18:02.0	1	4:16.0	1	<b>124</b>	41.9	73			5:27.1	1	<b>74</b>			<b>386</b>
28	2018	m	Brauns, Jobst	11.6	185	9:09.1	1	2:13.7	1	<b>187</b>	19.9	113	19:39.4	1	5:00.8	1	<b>115</b>	44.1	36	35:18.0	1	6:15.5	1	<b>38</b>	1:16:23.0	<b>1</b>	<b>341</b>
28	2018	m	Polleschner, Gerhardt	12.0	147	8:30.3	1	1:55.5	1	<b>149</b>	21.4	51	17:45.6	2	4:20.8	1	<b>54</b>	51.1	1	31:08.2	1	6:10.6	1	<b>3</b>	1:09:30.0	<b>1</b>	<b>207</b>
28	2018	m	Sonntag, Mario										14:27.5	140			<b>140</b>										<b>140</b>
27	2017	m	Jokisch, Georg	7.9	741	5:01.2	499	0:56.8	699	<b>1939</b>	12.9	713	11:07.7	488	2:23.6	521	<b>1722</b>	25.9	719	19:45.2	452	3:09.1	524	<b>1695</b>	0:40:00.9	<b>522</b>	<b>5878</b>
27	2017	m	Kuchta, Alex	8.8	572	4:51.6	549	1:00.9	589	<b>1710</b>	13.8	607	10:39.3	554	2:18.5	577	<b>1738</b>	27.8	607	18:34.5	546	3:01.0	592	<b>1745</b>	0:38:04.9	<b>599</b>	<b>5792</b>
27	2017	m	Köhler, Alexander	8.0	721	5:03.1	490	0:59.0	639	<b>1850</b>	12.9	713	11:21.9	456	2:24.1	516	<b>1685</b>	26.4	688	19:36.9	463	3:13.3	490	<b>1641</b>	0:40:38.8	<b>498</b>	<b>5674</b>
27	2017	m	Duschka, Kay	9.0	537	5:07.0	470	1:08.0	422	<b>1429</b>	15.0	479	11:12.7	476	2:34.1	415	<b>1370</b>	31.7	408	19:10.6	497	3:24.3	408	<b>1313</b>	0:39:22.9	<b>547</b>	<b>4659</b>
27	2017	m	Röder, Steffen	8.1	702	5:46.1	298	1:05.7	473	<b>1473</b>	13.5	641	13:36.2	209	2:42.0	344	<b>1194</b>	27.1	647	23:13.0	228	3:37.2	321	<b>1196</b>	0:47:16.7	<b>281</b>	<b>4144</b>
27	2017	m	Münke, JeanLuis	7.7	782	5:02.8	491	0:56.1	718	<b>1991</b>	12.3	789	11:46.5	404	2:25.3	503	<b>1696</b>										<b>3687</b>
27	2017	m	Stenzel, Ingo	9.2	503	5:32.7	353	1:11.4	351	<b>1207</b>	14.8	499	11:46.3	404	2:45.3	316	<b>1219</b>	30.9	445	20:35.0	392	3:34.2	340	<b>1177</b>	0:43:32.3	<b>396</b>	<b>3999</b>
27	2017	m	Sonntag, Steven	8.4	644	5:51.4	278	1:07.1	441	<b>1363</b>	14.1	573	13:04.7	258	2:50.1	277	<b>1108</b>	28.5	568	23:39.5	205	3:46.9	262	<b>1035</b>	0:48:27.7	<b>249</b>	<b>3755</b>
27	2017	m	Kretschmer, Marko	8.6	608	5:56.7	258	1:08.9	402	<b>1268</b>	14.1	573	12:52.8	278	2:53.3	253	<b>1104</b>	29.2	531	22:53.8	246	3:40.8	298	<b>1075</b>	0:46:40.0	<b>299</b>	<b>3746</b>
27	2017	m	Reinhardt, Ralf	9.0	537	6:02.3	238	1:12.8	324	<b>1099</b>	14.8	499	13:39.6	204	3:06.2	166	<b>869</b>	30.1	485	24:44.2	154	4:05.0	169	<b>808</b>	0:50:45.4	<b>192</b>	<b>2968</b>
27	2017	m	Pehla, Frank	9.1	520	5:58.9	250	1:17.4	243	<b>1013</b>	15.9	392	12:57.0	271	3:05.0	173	<b>836</b>	33.2	341	23:05.1	235	4:05.8	165	<b>741</b>	0:47:45.9	<b>268</b>	<b>2858</b>
27	2017	w	Vogt, Carola	11.2	385	7:16.4	232	1:31.8	220	<b>837</b>	18.3	350	15:36.1	283	3:35.4	209	<b>842</b>	38.4	322	27:09.6	276	4:43.6	230	<b>828</b>	0:55:53.0	<b>331</b>	<b>2838</b>
27	2017	w	Engwicht, Emilia	10.2	525	7:44.6	158	1:27.8	277	<b>960</b>	16.8	475	18:08.4	108	3:53.4	120	<b>703</b>	34.8	464	32:07.2	88	5:07.7	136	<b>688</b>			<b>2351</b>
27	2017	m	Altnickel, Jens	9.4	471	6:34.7	139	1:22.0	173	<b>783</b>	15.3	449	14:46.7	117	3:11.9	133	<b>699</b>	32.6	367	25:44.5	113	4:08.6	152	<b>632</b>	0:50:57.0	<b>187</b>	<b>2301</b>
27	2017	m	Czentarra, Andreas	9.0	537	6:06.8	223	1:13.0	320	<b>1080</b>								32.1	389	23:46.3	199	4:04.2	172	<b>760</b>			<b>1840</b>
27	2017	m	Sonntag, Mario	9.9	394	6:50.3	100	1:25.5	128	<b>622</b>	16.0	383	13:39.8	204	3:28.0	61	<b>648</b>	33.9	312	24:44.1	154	4:29.1	76	<b>542</b>			<b>1812</b>
27	2017	w	Stenzel, Sophie	10.9	425	7:21.8	217	1:33.8	194	<b>836</b>	17.6	406	16:01.8	248	3:39.7	185	<b>839</b>										<b>1675</b>
27	2017	w	Schneider, Tina	11.2	385	8:01.7	120	1:22.0	371	<b>876</b>	18.9	306	18:13.1	104	4:09.7	60	<b>470</b>										<b>1346</b>
27	2017	m	Kobel, Roland	10.2	352	7:11.5	58	1:29.2	87	<b>497</b>	16.9	307	15:23.4	80	3:35.9	35	<b>422</b>	36.9	203	26:54.9	73	4:43.8	37	<b>313</b>	0:55:15.3	<b>102</b>	<b>1334</b>
27	2017	m	Jannaschk, Bernd	10.9	261	7:06.3	67	1:31.5	66	<b>394</b>	21.1	61	15:21.4	82	3:42.2	20	<b>163</b>	41.7	77	27:02.3	69	4:36.4	55	<b>201</b>			<b>758</b>
27	2017	m	Vogt, Volker	9.8	409	6:01.2	242			<b>651</b>																	<b>651</b>
27	2017	m	Engwicht, Jakob	11.4	205	7:29.4	31	1:39.9	14	<b>250</b>	18.9	167	16:38.5	26	3:42.8	19	<b>212</b>	41.8	75	29:13.5	19	4:42.9	39	<b>133</b>			<b>595</b>
27	2017	m	Brauns, Jobst	12.5	105	9:02.8	1	2:02.0	1	<b>107</b>	21.2	58	18:15.4	1	4:												

## Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt	
26	2016	m	Deinlein, Uwe															35.1	266	22:18.0	280	3:59.9	193	<b>739</b>	0:46:37.9	<b>300</b>	<b>1039</b>	
26	2016	w	Krause, Corina	9.6	619	8:20.8	84	1:43.0	95	<b>798</b>																	<b>798</b>	
26	2016	m	Pehla, Frank	9.4	471	6:15.8	194	1:25.8	124	<b>789</b>																	<b>789</b>	
26	2016	m	Engwicht, Jakob	11.6	185	7:43.8	15	1:43.0	4	<b>204</b>	19.1	155	16:48.2	21	3:40.7	23	<b>199</b>	42	71			5:00.9	9	<b>80</b>			<b>483</b>	
26	2016	m	Katoll, Claus	14.5	8	6:48.1	105	1:29.7	83	<b>196</b>																	<b>196</b>	
25	2015	w	Faber, Vanessa	8.4	830	6:47.0	324	1:10.8	592	<b>1746</b>	13.4	829	15:22.4	303	2:57.5	477	<b>1609</b>	27.5	832	29:11.4	186	3:59.8	463	<b>1481</b>	0:43:52.0	<b>697</b>	<b>5533</b>	
25	2015	m	Rehnus, Tobias	8.1	702	5:24.0	391	1:01.0	587	<b>1680</b>	13.3	665	12:45.0	292	2:40.5	357	<b>1314</b>	27.8	607	21:31.3	328	3:31.8	356	<b>1291</b>	0:42:20.2	<b>437</b>	<b>4722</b>	
25	2015	m	Wenzke, Jörg	8.6	608	5:41.3	317	1:06.8	448	<b>1373</b>	14	585	12:53.4	277	2:58.3	217	<b>1079</b>	29.3	526	22:20.4	278	3:47.9	257	<b>1061</b>	0:46:30.2	<b>303</b>	<b>3816</b>	
25	2015	m	Röder, Steffen	8	721	5:33.6	349	1:05.6	475	<b>1545</b>	13.1	689	13:53.1	185	2:51.8	264	<b>1138</b>	27.9	602	23:46.2	200	3:40.5	300	<b>1102</b>			<b>3785</b>	
25	2015	m	Sonntag, Steven	8.2	682	5:51.6	277	1:08.5	411	<b>1370</b>	13.9	596	13:35.0	211	2:56.0	233	<b>1040</b>	28.8	552	23:25.6	217	3:45.7	269	<b>1038</b>	0:47:49.2	<b>266</b>	<b>3714</b>	
25	2015	m	Lehmann, Mike	9.4	471	5:41.0	319	1:16.5	258	<b>1048</b>	16.5	340	12:45.3	291	2:57.7	221	<b>852</b>	34.7	281	21:31.6	328	3:45.5	270	<b>879</b>	0:45:05.6	<b>346</b>	<b>3125</b>	
25	2015	m	Götte, Christian	7.7	782	6:37.8	131	1:09.6	388	<b>1301</b>	12.5	763	15:22.1	81	3:39.9	25	<b>869</b>	26	713			4:30.3	72	<b>785</b>			<b>2955</b>	
25	2015	m	Altnickel, Jens	8.9	554	6:30.3	151	1:19.7	206	<b>911</b>	14.4	541	14:18.4	151	3:14.6	119	<b>811</b>	31.4	422	25:12.3	134	4:13.0	134	<b>690</b>	0:52:37.8	<b>151</b>	<b>2563</b>	
25	2015	m	Reinhardt, Ralf	8.6	608	6:12.5	204	1:20.0	202	<b>1014</b>	14.8	499	14:18.1	151	3:12.3	131	<b>781</b>	30.8	450			4:10.2	146	<b>596</b>	0:52:59.0	<b>144</b>	<b>2535</b>	
25	2015	m	Röder, Jan	8.8	572	6:41.9	120	1:22.1	172	<b>864</b>	15	479	15:34.5	70	3:32.2	46	<b>595</b>	31.1	436	27:03.0	69	4:37.4	52	<b>557</b>			<b>2016</b>	
25	2015	m	Deinlein, Uwe	10.5	311	5:59.3	249	1:24.3	143	<b>703</b>	16.1	374	12:52.7	279	3:05.1	173	<b>826</b>									0:45:44.5	<b>326</b>	<b>1855</b>
25	2015	m	Kobel, Roland	10.3	338	7:07.5	65	1:31.2	69	<b>472</b>	17.3	275	15:26.6	77	3:40.7	23	<b>375</b>	38.7	149	26:25.6	88	4:48.5	28	<b>265</b>	0:57:14.3	<b>71</b>	<b>1183</b>	
25	2015	m	Wagner, Ronald	11.3	216	6:44.4	114	1:25.0	134	<b>464</b>	18.1	218	15:02.5	100	3:28.1	60	<b>378</b>	38.1	166	27:27.0	57	4:41.5	42	<b>265</b>			<b>1107</b>	
25	2015	m	Czentarra, Andreas	8.9	554	5:52.5	274	1:17.3	244	<b>1072</b>																	<b>1072</b>	
25	2015	m	Sonntag, Mario	10.7	286	7:02.2	75	1:36.7	29	<b>390</b>	17.6	253			3:28.0	61	<b>314</b>	37.7	178			4:26.7	84	<b>262</b>			<b>966</b>	
25	2015	m	Heimbach, Christoph	12.6	98	7:05.3	69	1:42.3	6	<b>173</b>	42.4	1					<b>1</b>										<b>174</b>	
24	2014	m	Reinhardt, Jonas	8.1	702	5:07.0	470	1:02.7	544	<b>1716</b>	13.1	689	11:56.5	383	2:31.8	438	<b>1510</b>	26.4	688	20:56.1	367	3:18.5	450	<b>1505</b>			<b>4731</b>	
24	2014	m	Rehnus, Tobias	8	721	5:09.5	458	1:04.3	506	<b>1685</b>	13.4	653	12:11.9	353	2:42.8	337	<b>1343</b>	26.7	671	21:41.0	318	3:41.8	292	<b>1281</b>	0:48:24.1	<b>250</b>	<b>4559</b>	
24	2014	m	Sonntag, Steven	7.8	762	5:46.9	295	1:07.4	435	<b>1492</b>	13.4	653	12:57.9	270	2:45.7	312	<b>1235</b>	27.8	607	22:35.7	263	3:42.1	290	<b>1160</b>	0:47:31.7	<b>274</b>	<b>4161</b>	
24	2014	m	Röder, Steffen	7.9	741	5:46.8	296	1:09.7	386	<b>1423</b>	13.3	665	13:17.3	238	2:50.2	276	<b>1179</b>	27.3	636	23:18.1	224	3:59.9	193	<b>1053</b>			<b>3655</b>	
24	2014	m	Stubning, Damian	7.7	782	5:58.0	254	1:05.7	473	<b>1509</b>	12.7	738	13:15.6	241	2:48.5	290	<b>1269</b>										<b>2778</b>	
24	2014	m	Pehla, Frank	9.1	520	6:24.6	167	1:22.8	162	<b>849</b>	15.7	411	13:23.1	229	3:03.8	181	<b>821</b>	32.2	385	22:47.9	251	3:57.5	205	<b>841</b>	0:48:01.2	<b>261</b>	<b>2772</b>	
24	2014	m	Deinlein, Uwe	9.5	455	6:10.2	212	1:21.6	179	<b>846</b>	16	383	12:47.5	288	3:05.5	170	<b>841</b>	35.6	248	21:49.1	310	4:05.5	166	<b>724</b>	0:45:18.8	<b>339</b>	<b>2750</b>	
24	2014	m	Röder, Jan	8.5	626	6:22.4	173	1:31.8	64	<b>863</b>	14.9	489	15:33.4	71	3:33.7	42	<b>602</b>	31.6	412	27:29.9	56	4:12.3	137	<b>605</b>			<b>2070</b>	
24	2014	m	Katoll, Claus	10	380	6:22.7	172	1:22.0	173	<b>725</b>								35.7	244	23:31.4	212	4:12.5	136	<b>592</b>	0:48:46.6	<b>241</b>	<b>1558</b>	
24	2014	m	Witschas, Lothar	10	380	7:05.0	70	1:34.8	41	<b>491</b>	17.4	268	16:37.4	26	3:52.3	4	<b>298</b>	39.3	132	29:34.4	14	5:05.5	5	<b>151</b>	1:00:59.0	<b>28</b>	<b>968</b>	
24	2014	m	Materne, Ingo	10.1	366	7:32.6	27	1:38.6	19	<b>412</b>	22.5	21	15:13.3	90	3:37.5	31	<b>142</b>	48.8	1	25:42.2	114	4:39.5	47	<b>162</b>	0:54:21.5	<b>117</b>	<b>833</b>	
24	2014	m	Kobel, Roland	9.8	409	7:05.3	69	1:27.0	111	<b>589</b>					3:51.1	5	<b>5</b>	45.1	24					<b>24</b>		<b>618</b>		
24	2014	m	Heimbach, Christoph	12	147	7:13.6	54	1:47.5	1	<b>202</b>	20.9	69	15:10.9	92	3:51.8	5	<b>166</b>	45.5	19	25:40.4	115	5:15.6	1	<b>135</b>	0:55:03.5	<b>105</b>	<b>608</b>	
24	2014	m	Brauns, Jobst	10.1	366	8:42.8	1	2:03.5	1	<b>368</b>	18.5	191	18:43.8	1	4:28.3	1	<b>193</b>	47.1	6	30:31.1	4	6:00.7	1	<b>11</b>	1:05:23.0	<b>2</b>	<b>574</b>	
23	2013	m	Sonntag, Steven	7.9	741	5:33.1	351	1:03.9	515	<b>1607</b>	13.6	630	12:18.1	341	2:42.1	343	<b>1314</b>	27.8	607	21:41.7	317	3:36.3	327	<b>1251</b>	0:45:34.0	<b>331</b>	<b>4503</b>	
23	2013	m	Wenzke, Jörg	8.4	644	5:44.4	305	1:06.8	448	<b>1397</b>	13.9	596	12:58.2	269	2:44.9	319	<b>1184</b>	28.6	563	22:37.4	261	3:43.9	280	<b>1104</b>	0:47:36.0	<b>272</b>	<b>3957</b>	
23	2013	m	Stenzel, Ingo	9.2	503	5:28.1	373	1:11.4	351	<b>1227</b>	14.6	520	11:51.1	394	2:42.4	340	<b>1254</b>	31.7	408	20:47.9	377	3:40.3	301	<b>1086</b>	0:44:19.0	<b>371</b>	<b>3938</b>	
23	2013	m	Röder, Steffen	8.6	608	6:00.3	245	1:07.5	433	<b>1286</b>	14.2	563	14:08.4	164	2:56.5	230	<b>957</b>	28.9	547	23:36.9	207	3:45.2	272	<b>1026</b>			<b>3269</b>	
23	2013	m	Schmidt, Stephan	10.2	352	5:36.5	337	1:13.4	313	<b>1002</b>	16.6	331	12:23.9	330	2:48.2	292	<b>953</b>	34.3	297	21:20.6	340	3:50.4	243	<b>880</b>	0:44:55.0	<b>351</b>	<b>3186</b>	
23	2013	m	Röder, Jan	9	537	6:24.8	166	1:24.8	136	<b>839</b>	14.7	509	14:53.5	110	3:27.5	62	<b>681</b>	31.1	436	24:40.2	157	4:20.8	104	<b>697</b>			<b>2217</b>	
23	2013	m	Deinlein, Uwe	9.6	439	5:53.1	272	1:17.2	246	<b>957</b>								33.6	325	21:34.0	326	3:53.4	226	<b>877</b>	0:45:55.0	<b>321</b>	<b>2155</b>	
23	2013	m	Kobel, Roland	10	380	6:56.6	86	1:25.3	130	<b>596</b>	19.9	113	15:08.4	94	3:30.8	51	<b>258</b>	36.2	227	24:45.2	153	4:24.8	90	<b>470</b>	0:53:27.0	<b>134</b>	<b>14</b>	

Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
21	2011	m	Altnickel, Jens	8.8	572	6:30.4	150	1:17.6	239	<b>961</b>	14.9	489	13:52.3	186	3:14.9	118	<b>793</b>	31.3	426	24:34.9	161	3:56.8	209	<b>796</b>	0:52:19.5	<b>157</b>	<b>2707</b>
21	2011	m	Katoll, Claus	9.9	394	6:10.0	212	1:22.4	168	<b>774</b>	15.6	420	13:24.3	227	3:10.5	141	<b>788</b>	36.1	230	22:32.3	266	3:58.2	201	<b>697</b>		<b>2259</b>	
21	2011	m	Regehr, Gerhard	11.3	216	6:53.4	93	1:30.6	74	<b>383</b>	17.7	246	14:05.0	168	3:23.0	80	<b>494</b>	40.6	100	23:59.5	189	4:22.4	98	<b>387</b>	0:49:42.5	<b>217</b>	<b>1481</b>
21	2011	w	Katoll, Ines	12.4	246	7:46.0	155	1:40.8	116	<b>517</b>	21	173	16:35.0	206	4:05.9	72	<b>451</b>			27:52.4	243	5:15.3	111	<b>354</b>		<b>1322</b>	
21	2011	m	Heimbach, Christoph	11.7	175	6:51.3	98	1:36.1	33	<b>306</b>	19.2	149	14:01.0	174	3:39.6	26	<b>349</b>	38.8	146	23:57.6	190	4:48.4	28	<b>364</b>	0:52:48.8	<b>147</b>	<b>1166</b>
21	2011	m	Materne, Ingo	11.6	185	6:50.7	99	1:26.2	120	<b>404</b>	16.3	357	13:59.0	177	3:16.2	111	<b>645</b>	42.7	58					<b>58</b>		<b>1107</b>	
21	2011	m	Witschas, Lothar	10.8	273	7:17.1	49	1:33.9	47	<b>369</b>	17.1	291	16:19.0	37	3:49.8	7	<b>335</b>	37.7	178	27:36.3	53	4:55.7	16	<b>247</b>	0:57:40.4	<b>65</b>	<b>1016</b>
21	2011	m	Deinlein, Uwe															33.6	325	21:31.4	328	3:46.6	264	<b>917</b>		<b>917</b>	
21	2011	m	Brauns, Jobst	10.8	273	8:14.5	1	1:45.9	1	<b>275</b>	17.1	291	16:33.0	29	4:21.5	1	<b>321</b>	45.7	17	28:52.3	25	5:34.3	1	<b>43</b>	1:02:53.7	<b>13</b>	<b>652</b>
21	2011	m	Prescher, Dominik	9.4	471	8:49.4	1	1:38.0	22	<b>494</b>																<b>494</b>	
21	2011	m	Prescher, Thomas	11.7	175	7:40.7	18	1:38.8	18	<b>211</b>	19.7	122	16:04.0	47			<b>169</b>									<b>380</b>	
20	2010	m	Peschick, Joshua	8.8	572	5:05.3	479	1:05.4	480	<b>1531</b>	13.6	630	11:35.9	426	2:35.0	407	<b>1463</b>	28.3	579	20:35.9	391	3:27.0	389	<b>1359</b>	0:44:58.1	<b>350</b>	<b>4703</b>
20	2010	m	Sonntag, Steven	7.8	762	5:29.9	365	1:05.5	477	<b>1604</b>	13.9	596	12:33.6	312	2:41.5	348	<b>1256</b>	28.4	574	22:23.3	275	3:36.6	325	<b>1174</b>	0:47:11.8	<b>283</b>	<b>4317</b>
20	2010	m	Wenzke, Jörg	7.8	762	5:44.3	305	1:09.0	400	<b>1467</b>	14.1	573	12:37.6	305	2:44.4	323	<b>1201</b>	29.3	526	22:53.0	247	3:55.9	213	<b>986</b>	0:45:48.5	<b>324</b>	<b>3978</b>
20	2010	m	Reinhardt, Ralf	8.6	608	5:41.2	318	1:06.9	446	<b>1372</b>	13.6	630	12:45.8	291	2:44.6	322	<b>1243</b>	28.1	590	22:56.4	243	3:54.3	221	<b>1054</b>	0:46:42.5	<b>297</b>	<b>3966</b>
20	2010	w	Kus, Ute	10.4	495	6:51.1	310	1:28.3	270	<b>1075</b>	18	374	14:29.4	386	3:27.8	254	<b>1014</b>	38.9	304	24:48.7	403	4:23.9	325	<b>1032</b>	0:51:18.0	<b>455</b>	<b>3576</b>
20	2010	m	Böttcher, Björn	9.3	487	5:44.5	305	1:14.6	291	<b>1083</b>	15.5	430	13:04.0	260	2:58.2	218	<b>908</b>	31.6	412	22:36.4	262	4:00.4	190	<b>864</b>	0:45:33.0	<b>332</b>	<b>3187</b>
20	2010	m	Wagner, Roland	9.4	471	5:49.1	287	1:15.9	268	<b>1026</b>	16.3	357	13:40.9	202	3:00.5	202	<b>761</b>	33.6	325	23:39.6	205	3:58.7	199	<b>729</b>	0:51:54.0	<b>166</b>	<b>2682</b>
20	2010	m	Katoll, Claus	10.2	352	6:09.9	213	1:16.9	251	<b>816</b>	16.7	323	13:52.1	186	3:05.8	168	<b>677</b>	34.9	273	22:58.5	241	4:06.4	162	<b>676</b>	0:46:57.9	<b>290</b>	<b>2459</b>
20	2010	m	Altnickel, Jens	9.2	503	6:14.9	196	1:15.6	273	<b>972</b>	15.5	430	14:31.9	134	3:08.3	154	<b>718</b>	35.7	244	25:07.8	137	4:09.1	150	<b>531</b>	0:52:54.2	<b>145</b>	<b>2366</b>
20	2010	m	Biallas, Günther	11.3	216	6:15.6	194	1:25.6	127	<b>537</b>	17.9	231	13:26.2	224	3:14.2	121	<b>576</b>	38.2	163	23:02.5	238	4:13.2	133	<b>534</b>	0:47:58.8	<b>262</b>	<b>1909</b>
20	2010	m	Kiank, Jens-Uwe	10.1	366	5:47.8	292	1:15.6	273	<b>931</b>	16.9	307	13:09.2	251	3:09.1	149	<b>707</b>									<b>1638</b>	
20	2010	w	Katoll, Ines	13.3	162	7:57.8	128	1:40.2	122	<b>412</b>	21.4	152	16:45.6	193	3:59.2	96	<b>441</b>	44.7	135	28:41.5	207	5:06.0	141	<b>483</b>	0:59:10.6	<b>254</b>	<b>1590</b>
20	2010	m	Jannaschk, Bernd	10.6	298	6:31.5	147	1:29.9	81	<b>526</b>	17.4	268	14:45.3	119	3:23.9	76	<b>463</b>	37.2	193	25:15.7	132	4:27.4	81	<b>406</b>	0:52:05.0	<b>162</b>	<b>1557</b>
20	2010	m	Röder, Steffen	10.5	311	6:37.6	131	1:26.5	116	<b>558</b>	17.3	275			3:19.8	94	<b>369</b>	36	233			4:10.3	145	<b>378</b>		<b>1305</b>	
20	2010	m	Regehr, Gerhard	11.5	195	6:57.9	84	1:29.5	85	<b>364</b>	19.1	155	15:21.7	82	3:41.6	21	<b>258</b>	40.3	107	25:23.3	126	4:41.9	41	<b>274</b>	0:51:38.9	<b>172</b>	<b>1068</b>
20	2010	m	Heimbach, Christoph	13.5	43	6:47.3	107	1:39.8	14	<b>164</b>	21.4	51	14:39.9	125	3:36.3	34	<b>210</b>	44.7	28	24:38.0	158	4:51.2	23	<b>209</b>	0:51:15.3	<b>181</b>	<b>764</b>
20	2010	m	Prescher, Thomas	12.2	129	7:18.7	46	1:36.4	31	<b>206</b>	20.8	73	15:51.1	57	3:41.0	22	<b>152</b>	42.5	62	26:32.6	84	4:41.2	43	<b>189</b>	0:55:53.7	<b>91</b>	<b>638</b>
20	2010	m	Georgi, Gotthard	10.5	311	7:40.8	18	1:36.2	32	<b>361</b>	18.5	191	18:50.9	1	4:19.9	1	<b>193</b>									<b>554</b>	
20	2010	m	Brauns, Jobst	11.4	205	8:00.0	4	1:47.1	1	<b>210</b>	19.1	155	16:51.1	19	4:08.0	1	<b>175</b>	42	71	29:33.1	15	5:27.6	1	<b>87</b>	0:59:03.9	<b>47</b>	<b>519</b>
20	2010	m	Polleschner, Gerhard	11.7	175	7:04.4	71	1:37.3	26	<b>272</b>	21.2	58	15:58.2	51	3:44.5	15	<b>124</b>	44.4	32	28:25.4	34	5:05.6	5	<b>71</b>		<b>467</b>	
20	2010	m	Witschas, Lothar	10.8	273	7:26.2	35	1:26.5	116	<b>424</b>																<b>424</b>	
19	2009	m	Sonntag, Steven	8.2	682	5:25.7	383	1:01.5	574	<b>1639</b>	13.1	689	11:47.7	401	2:40.5	357	<b>1447</b>	27.3	636	21:37.5	322	3:36.0	328	<b>1286</b>	0:45:35.3	<b>331</b>	<b>4703</b>
19	2009	m	Wagner, Ronald	9.9	394	5:53.9	269	1:12.0	340	<b>1003</b>	15.5	430	12:59.3	267	2:58.0	219	<b>916</b>	32.8	358	23:33.8	210	3:56.1	212	<b>780</b>	0:50:32.1	<b>197</b>	<b>2896</b>
19	2009	m	Materne, Ingo	9.6	439	6:20.2	180	1:24.9	135	<b>754</b>	17.4	268	13:27.7	222	3:05.5	170	<b>660</b>	39	140	23:37.7	207	4:03.4	176	<b>523</b>	00:50:04	<b>208</b>	<b>2145</b>
19	2009	m	Kobel, Roland	9.6	439	6:41.2	122	1:20.6	193	<b>754</b>	16.2	366	14:04.0	170	3:17.8	103	<b>639</b>	35.9	237	24:14.5	177	4:10.7	143	<b>557</b>	0:51:41.1	<b>171</b>	<b>2121</b>
19	2009	m	Gruner, Bernd	11.3	216	6:25.3	165	1:27.7	103	<b>484</b>	18	224	13:26.1	224	3:08.3	154	<b>602</b>	38.7	149	23:31.3	212	4:18.0	114	<b>475</b>	0:49:05.1	<b>233</b>	<b>1794</b>
19	2009	m	Röder, Steffen	10.2	352	6:58.4	83	1:33.3	52	<b>487</b>	17.8	238			3:41.2	22	<b>260</b>	38.9	143			4:25.4	88	<b>231</b>		<b>978</b>	
19	2009	m	Röder, Dirk	10.2	352	6:20.3	180	1:32.2	60	<b>592</b>																<b>592</b>	
19	2009	m	Röder, Jan	10.6	298	7:36.2	23	1:53.9	1	<b>322</b>	19.6	128			4:01.5	1	<b>129</b>	42.1	69			4:55.2	16	<b>85</b>		<b>536</b>	
19	2009	m	Brauns, Jobst																	28:06.4	41			<b>41</b>	0:58:58.9	<b>48</b>	<b>89</b>
18	2008	m	Sonntag, Steven	8.1	702	5:24.6	388	1:04.2	508	<b>1598</b>	13.8	607	11:41.4	414	2:33.1	425	<b>1446</b>	26.3	694	20:39.9	386	3:23.0	417	<b>1497</b>	0:43:56.4	<b>383</b>	<b>4924</b>
18	2008	m	Wagner, Ronald	9.4	471	5:44.5	305	1:11.6	347	<b>1123</b>	16.6	331	13:04.8	258	2:52.2	261	<b>850</b>	30.9	445	22:57.9	242	3:50.5	242	<b>929</b>	0:49:35.0	<b>220</b>	<b>3122</b>
18	2008	m	Reichert, Frank	8.6	608	6:14.2	199	1:09.6	388	<b>1195</b>	14.4	541	14:23.7	144	2:55.8	235	<b>920</b>									<b>2115</b>	
18	2008	m	Gruner, Bernd	10.9	261	6:12.4	204	1:24.0	146	<b>611</b>	19	161	13:32.7	214	3:11.0	138	<b>513</b>	37.8	175	23:20.0	222	4:06.7	161	<b>558</b>	0:49:08.7	<b>231</b>	<b>1913</b>
18	2008	m	Barz, Hans-Jürgen	11.4	205	6:53.4	93	1:26.8	113	<b>411</b>	20.5	85	14:28.2	139	3:18.4	101	<b>325</b>	37.3	190	25:06.5	138	4:06.4	162	<b>490</b>	0:54:17.3	<b>119</b>	<b>1345</b>
18	2008	m	Röder, Dirk	9.1	520	6:45.6	111	1:12.6	328	<b>959</b>																<b>959</b>	
18	2008	m	Brauns, Jobst	10.1	366	7:35.8	23	1:34.7	42	<b>431</b>	17.7	246	16:41.1	24	3:56.1	1	<b>271</b>	43.6	43	28:26.2	34	5:04.2	6	<b>83</b>	0:59:01.1	<b>48</b>	<b>8</b>

## Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
16	2006	m	Kobel, Roland	9.8	409	6:04.8	230	1:17.0	249	<b>888</b>	16.2	366	13:24.1	227	3:04.8	175	<b>768</b>	34.1	304	24:01.8	187	4:05.4	167	<b>658</b>	0:50:38.4	<b>195</b>	<b>2509</b>
16	2006	m	Katoll, Claus								16.6	331	12:11.0	355	2:51.1	269	<b>955</b>										<b>955</b>
16	2006	m	Brauns, Jobst	10.1	366	7:24.5	38	1:36.4	31	<b>435</b>	17.7	246	16:24.0	34	3:55.3	2	<b>282</b>	38.7	149	27:42.3	51	5:11.2	1	<b>201</b>	1:01:05.0	<b>27</b>	<b>945</b>
15	2005	m	Neumann, Christ.	9.1	520	5:22.8	396	1:09.0	400	<b>1316</b>	15.1	469	11:46.6	403	2:43.6	330	<b>1202</b>	30.4	470	20:52.6	371	3:35.0	335	<b>1176</b>	0:45:39.2	<b>329</b>	<b>4023</b>
15	2005	m	Katoll, Claus	9.6	439	5:50.2	282	1:14.9	286	<b>1007</b>	15.8	402	11:54.3	388	2:47.9	294	<b>1084</b>	32.3	380	20:29.6	398	3:34.4	339	<b>1117</b>	0:42:46.8	<b>422</b>	<b>3630</b>
15	2005	m	Kobel, Roland	9.2	503	5:54.4	267	1:14.0	302	<b>1072</b>	15.9	392	12:52.0	280	2:59.6	208	<b>880</b>	31.9	398	22:41.9	257	3:50.5	242	<b>897</b>	0:48:16.7	<b>254</b>	<b>3103</b>
15	2005	m	Deinlein, Uwe	9.2	503	5:31.4	358	1:13.7	307	<b>1168</b>	15.4	439	11:45.0	407	2:49.4	283	<b>1129</b>										<b>2297</b>
15	2005	m	Brauns, Jobst	9.4	471	6:37.8	131	1:25.9	123	<b>725</b>	15.9	392	14:16.9	153	3:22.8	81	<b>626</b>	33.5	329	24:33.2	162	4:29.6	74	<b>565</b>	0:52:36.4	<b>151</b>	<b>2067</b>
15	2005	m	Biallas, Günther	10	380	5:53.0	272	1:19.1	216	<b>868</b>	17.1	291	12:52.5	279	3:06.4	165	<b>735</b>										<b>1603</b>
14	2004	m	Karsunke, Ralf	9	537	5:20.3	407	1:07.9	424	<b>1368</b>	14	585	12:06.5	363	2:41.4	349	<b>1297</b>	28.8	552	21:30.7	329	3:26.7	391	<b>1272</b>	0:44:44.7	<b>357</b>	<b>4294</b>
14	2004	m	Deinlein, Uwe	9.3	487	5:25.7	383	1:10.4	371	<b>1241</b>	15	479	11:22.0	456	2:39.6	365	<b>1300</b>	31.8	403	20:02.9	430	3:33.2	347	<b>1180</b>	0:42:43.4	<b>424</b>	<b>4145</b>
14	2004	m	Kobel, Roland	9.2	503	5:44.3	305	1:17.1	248	<b>1056</b>	15.5	430	12:39.9	301	2:54.4	245	<b>976</b>	31.7	408	22:11.5	287	3:48.6	253	<b>948</b>	0:46:54.6	<b>292</b>	<b>3272</b>
14	2004	m	Biallas, Günther	9.8	409	5:46.2	298	1:08.0	422	<b>1129</b>	16.9	307	12:39.9	301	2:59.0	212	<b>820</b>	35	270	21:32.7	327	3:53.9	224	<b>821</b>	0:45:28.9	<b>334</b>	<b>3104</b>
14	2004	w	Wolter, Elke	10.9	425	6:53.5	302	1:33.0	204	<b>931</b>	19.2	284	14:30.9	384	3:34.7	213	<b>881</b>	41.1	232	25:11.9	380	4:33.5	276	<b>888</b>	0:53:51.3	<b>383</b>	<b>3083</b>
14	2004	m	Röder, Dirk	8.7	590	6:05.8	226	1:08.5	411	<b>1227</b>	14.3	552	15:05.9	97	2:43.7	329	<b>978</b>	29.4	520	28:53.0	25	3:59.7	194	<b>739</b>	0:55:53.7	<b>91</b>	<b>3035</b>
14	2004	m	Brauns, Jobst	9.9	394	7:06.1	68	1:34.1	46	<b>508</b>	16.5	340	15:29.6	74	3:25.0	72	<b>486</b>	36.6	213	27:21.3	60	4:37.5	52	<b>325</b>	0:56:25.7	<b>83</b>	<b>1402</b>
13	2003	w	Kus, Ute	10.6	466	6:19.3	425	1:19.8	411	<b>1302</b>	17.6	406	13:24.5	501	3:04.8	417	<b>1324</b>	34.4	482	22:24.2	556	3:57.0	481	<b>1519</b>	0:48:29.4	<b>540</b>	<b>4685</b>
13	2003	m	Deinlein, Uwe	9.6	439	5:34.2	347	1:12.8	324	<b>1110</b>	15.3	449	11:49.6	397	2:41.0	352	<b>1198</b>	31.5	417	20:23.2	406	3:28.6	378	<b>1201</b>	0:41:59.0	<b>450</b>	<b>3959</b>
13	2003	m	Karsunke, Ralf	8.6	608	5:42.4	313	1:07.1	441	<b>1362</b>	14.8	499	12:30.0	319	2:49.9	279	<b>1097</b>	30	490	21:45.6	313	3:37.3	320	<b>1123</b>	0:44:39.5	<b>360</b>	<b>3942</b>
13	2003	m	Kobel, Roland	9.4	471	6:03.2	235	1:18.0	233	<b>939</b>	15.6	420	12:50.4	283	2:50.8	272	<b>975</b>	32.6	367	21:35.0	324	3:40.9	298	<b>989</b>	0:45:34.2	<b>331</b>	<b>3234</b>
13	2003	m	Biallas	10.5	311	5:53.8	269	1:19.2	214	<b>794</b>	16.5	340	12:28.2	322	2:57.3	224	<b>886</b>	33.8	317	21:35.0	324	3:44.1	279	<b>920</b>	0:45:34.2	<b>331</b>	<b>2931</b>
13	2003	m	Brauns, Jobst	9.6	439	6:30.8	149	1:17.8	236	<b>824</b>	16.9	307	14:36.1	129	3:25.7	69	<b>505</b>	33.4	333	23:56.0	191	4:15.9	122	<b>646</b>	0:51:44.0	<b>170</b>	<b>2145</b>
13	2003	m	Prescher, Thomas	10.2	352	6:36.0	135	1:24.6	139	<b>626</b>	16.9	307	14:46.8	117	3:13.8	123	<b>547</b>	38.7	149	25:30.2	122	4:16.4	120	<b>391</b>	0:51:24.9	<b>177</b>	<b>1741</b>
13	2003	m	Rosenau, Thorsten	10.2	352	7:20.9	43	1:30.0	80	<b>475</b>	18.5	191	16:39.1	25	3:42.4	19	<b>235</b>	35.7	244	28:24.6	34	4:41.3	43	<b>321</b>	1:04:11.0	<b>6</b>	<b>1037</b>
13	2003	m	Röder, Dirk	8.7	590					<b>590</b>																	<b>590</b>
12	2002	m	Deinlein, Uwe	9.3	487	5:21.8	401	1:15.4	277	<b>1165</b>	15.2	459	11:09.4	484	2:35.6	401	<b>1344</b>	31.1	436	19:05.9	503	3:29.4	372	<b>1311</b>			<b>3820</b>
12	2002	m	Hintz, Marco	8.6	608	5:08.5	463	1:07.8	426	<b>1497</b>								30.3	475	18:57.3	515	3:24.9	404	<b>1394</b>			<b>2891</b>
12	2002	m	Brauns, Jobst	9.9	394	6:48.7	104	1:41.3	9	<b>507</b>	16.7	323	14:45.4	119	3:23.3	79	<b>521</b>	35	270	24:54.6	146	4:29.6	74	<b>490</b>	0:52:56.0	<b>145</b>	<b>1663</b>
12	2002	m	Lorenz, Ronald	9	537	5:52.9	272	1:08.4	413	<b>1222</b>																	<b>1222</b>
12	2002	m	Hintz, Rene															34.4	293	24:14.2	177	4:16.5	120	<b>590</b>			<b>590</b>
11	2001	m	Giern, Wolfgang	7.4	845	4:31.1	663	0:55.4	738	<b>2246</b>	12.2	802	9:38.4	711	2:07.5	707	<b>2220</b>	25.1	768	16:42.0	712	2:46.3	725	<b>2205</b>	0:35:48.7	<b>696</b>	<b>7367</b>
11	2001	m	Weichert, Christ.	7.9	741	4:45.5	582	0:59.1	636	<b>1959</b>	12.8	726	9:54.8	667	2:15.4	613	<b>2006</b>	26.6	676	17:25.4	645	2:54.6	648	<b>1969</b>	0:34:51.3	<b>738</b>	<b>6672</b>
11	2001	m	Deinlein, Uwe	9.2	503	5:16.4	425	1:10.1	377	<b>1305</b>	14.9	489	11:08.4	486	2:46.4	307	<b>1282</b>	30.7	455	19:37.3	462	3:21.3	430	<b>1347</b>			<b>3934</b>
11	2001	m	Röder, Dirk	8.9	554	5:21.4	402	1:06.0	466	<b>1422</b>	14.2	563	13:37.4	207	2:39.0	370	<b>1140</b>	29.2	531	25:26.2	125	3:23.2	416	<b>1072</b>	0:49:57.3	<b>211</b>	<b>3845</b>
11	2001	w	Kus, Ute	10.4	495	6:09.2	465	1:17.6	452	<b>1412</b>								35.5	435	22:28.9	551	3:51.9	514	<b>1500</b>			<b>2912</b>
11	2001	m	Senczyszyn, Zolt.	8.3	663	4:47.5	571	0:59.8	618	<b>1852</b>																	<b>1852</b>
11	2001	m	Röder, Klaus	10	380	6:43.6	116	1:21.2	184	<b>680</b>	16.5	340	15:13.3	90	3:13.4	125	<b>555</b>	34.9	273	26:37.7	82	4:10.7	143	<b>498</b>	0:55:30.2	<b>97</b>	<b>1830</b>
11	2001	m	Brauns, Jobst	10.3	338	7:02.1	75	1:30.9	71	<b>484</b>	15.8	402	15:08.3	95	3:41.6	21	<b>518</b>	33.8	317	25:23.4	126	4:40.5	45	<b>488</b>	0:53:27.4	<b>134</b>	<b>1624</b>
11	2001	m	Bittermann, Dietm.								13.2	677	11:07.4	488	2:36.4	394	<b>1559</b>										<b>1559</b>
11	2001	m	Hintz, Marco															28.7	558	22:07.0	291	3:28.7	377	<b>1226</b>			<b>1226</b>
11	2001	m	Polleschner, Gerh.	10.3	338	6:16.5	191	1:20.7	192	<b>721</b>																	<b>721</b>
11	2001	m	Bauer, Hardy	10.5	311	6:37.6	131	1:20.2	199	<b>641</b>																	<b>641</b>
10	2000	w	Huschen, Katrin	10.6	466	5:28.6	645	1:16.6	471	<b>1582</b>	16.1	540	11:59.9	674	2:58.4	469	<b>1683</b>	35.2	447	20:49.0	671	3:34.0	639	<b>1757</b>	0:42:25.0	<b>750</b>	<b>5772</b>
10	2000	m	Deinlein, Uwe	9.2	503	5:23.9	391	1:14.5	293	<b>1187</b>	14.8	499	11:17.0	467	2:45.0	318	<b>1284</b>	31.3	426	19:13.0	494	3:25.0	403	<b>1323</b>	0:39:56.0	<b>525</b>	<b>4319</b>
10	2000	m	Neumann, Christ.	9.2	503	5:30.5	362	1:11.4	351	<b>1216</b>	14.1	573	12:19.0	339	2:48.7	288	<b>1200</b>	30.3	475	20:51.0	373	3:32.0	355	<b>1203</b>	0:45:18.0	<b>340</b>	<b>3959</b>
10	2000	m	Röder, Dirk	9.1	520	5:53.0	272	1:11.6	347	<b>1139</b>	14.9	489	13:29.7	219	2:45.6	313	<b>1021</b>	31.6	412	24:56.0	145	3:31.0	361	<b>918</b>	0:51:37.0	<b>172</b>	<b>3250</b>
10	2000	m	Biallas, Günther	9.7	424	6:13.0	203	1:21.2	184	<b>811</b>	15.8	402	13:29.2	220	3:07.3	159	<b>781</b>	34.8	277	24:09.0	181	4:05.0	169	<b>627</b>	0:50:38.0	<b>195</b>	<b>2414</b>
10	2000	m	Brauns, Jobst	10.1	366	6:56.0	88	1:28.6	94	<b>548</b>	16.6	331	14:31.2	135	3:34.1	40	<b>506</b>	34.9	273	24:34.0	161	4:30.0	73				

## Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
8	1998	m	Neumann, Christ.	8.9	554	5:31.3	359	1:11.3	353	<b>1266</b>	14.2	563	12:15.0	347	2:47.1	301	<b>1211</b>	30.4	470	22:11.9	286	3:46.6	264	<b>1020</b>	0:45:23.0	<b>337</b>	<b>3834</b>
8	1998	m	Witschas, Lothar	9.4	471	5:54.1	268	1:15.2	280	<b>1019</b>	15.1	469	13:09.7	250	2:59.6	208	<b>927</b>	32.4	376	23:28.8	214	4:01.0	188	<b>778</b>	0:47:27.0	<b>276</b>	<b>3000</b>
8	1998	m	Röder, Dirk	8.8	572	6:01.0	243	1:11.9	341	<b>1156</b>	14.9	489	14:03.0	171	2:52.3	260	<b>920</b>	30.6	460	26:39.1	81	3:47.2	261	<b>802</b>	0:59:04.0	<b>47</b>	<b>2925</b>
8	1998	m	Grafe, Harald	9.5	455	5:46.8	296	1:15.5	275	<b>1026</b>	15.5	430	11:55.3	386	2:49.8	279	<b>1095</b>										<b>2121</b>
8	1998	m	Georgi, Gotthard	8.8	572	5:57.0	257	1:14.0	302	<b>1131</b>	14.8	499	14:15.1	155	2:58.9	213	<b>867</b>										<b>1998</b>
8	1998	m	Brauns, Jobst	10.1	366	6:41.1	122	1:27.7	103	<b>591</b>	17.1	291	14:31.8	135	3:25.8	69	<b>495</b>	34.7	281	24:21.5	171	4:27.8	80	<b>532</b>	0:51:02.0	<b>186</b>	<b>1804</b>
8	1998	m	Polleschner, Gerh.								16.5	340	12:40.9	299	3:06.4	165	<b>804</b>	38.8	146	22:18.2	280	4:12.9	134	<b>560</b>	0:46:43.0	<b>297</b>	<b>1661</b>
8	1998	m	Stecklina, Bodo	10.1	366	5:54.0	268	1:22.8	162	<b>796</b>	16.9	307	12:33.3	313	3:00.5	202	<b>822</b>										<b>1618</b>
8	1998	m	Straube, Horst	11.4	205	6:44.4	114	1:34.4	44	<b>363</b>	20	108	14:02.0	172	3:31.5	48	<b>328</b>	42.2	67	23:37.3	207	4:19.8	107	<b>381</b>	0:47:46.0	<b>268</b>	<b>1340</b>
8	1998	m	Schuster, H.-Jürg.															32.2	385	21:28.2	332	3:45.3	271	<b>988</b>			<b>988</b>
7	1997	m	Deinlein, Uwe	9.1	520	5:13.3	440	1:08.6	409	<b>1369</b>	14.5	530	10:52.1	524	2:37.6	383	<b>1437</b>	30.5	465	19:06.0	503	3:29.2	374	<b>1342</b>	0:40:49.5	<b>492</b>	<b>4640</b>
7	1997	m	Schuster, H.-Jürg.	9.1	520	5:05.6	477	1:05.3	482	<b>1479</b>	13.8	607	10:51.6	525	2:31.3	443	<b>1575</b>	30.4	470	20:19.0	411	3:40.6	300	<b>1181</b>			<b>4235</b>
7	1997	m	Bentner, Dieter	9.4	471	5:32.7	353	1:16.2	263	<b>1087</b>	16.4	348	11:56.0	384	2:52.7	257	<b>989</b>	32.9	354	20:31.0	396	3:38.1	315	<b>1065</b>	0:42:39.9	<b>426</b>	<b>3567</b>
7	1997	m	Georgi, Gotthard	9.1	520	5:57.0	257	1:08.9	402	<b>1179</b>	14.5	530	13:04.2	259	2:51.2	269	<b>1058</b>	30.4	470	23:12.0	229	3:49.6	247	<b>946</b>	0:48:00.4	<b>261</b>	<b>3444</b>
7	1997	m	Stecklina, Bodo	10.5	311	5:53.4	270	1:18.9	219	<b>800</b>	17.1	291	12:31.1	317	3:01.8	194	<b>802</b>	35.5	251	21:32.0	328	3:52.8	229	<b>808</b>	0:45:16.3	<b>340</b>	<b>2750</b>
7	1997	m	Polleschner, Gerh.	10.1	366	5:53.0	272	1:19.0	217	<b>855</b>	16.4	348	12:55.8	273	3:08.5	152	<b>773</b>	34.8	277	22:44.0	255	4:18.7	111	<b>643</b>	0:49:13.0	<b>229</b>	<b>2500</b>
7	1997	m	Gölkel, Norbert	9.4	471	6:13.0	203	1:21.5	180	<b>854</b>	15.7	411	13:23.3	229	3:04.9	174	<b>814</b>	33.5	329	25:33.0	120	4:01.4	186	<b>635</b>	0:56:41.2	<b>79</b>	<b>2382</b>
7	1997	m	Forth, Manfred	8.7	590	6:17.1	190	1:13.4	313	<b>1093</b>								30.2	480	25:45.0	112	4:01.4	186	<b>778</b>			<b>1871</b>
7	1997	m	Röder, Klaus	9.6	439	6:21.5	176	1:15.8	270	<b>885</b>	16.1	374	14:05.9	167	3:00.7	201	<b>742</b>										<b>1627</b>
7	1997	m	Brauns, Jobst	9.6	439	6:43.0	117	1:24.4	141	<b>697</b>																	<b>697</b>
6	1996	m	Platta, Mario	8.4	644	4:49.1	562	1:00.5	600	<b>1806</b>	13.1	689	10:43.7	544	2:20.0	561	<b>1794</b>	26.5	682	19:03.0	507	3:01.0	592	<b>1781</b>	0:38:11.0	<b>595</b>	<b>5976</b>
6	1996	m	Schuster, H.-Jürg.	8.8	572	5:12.0	446	1:08.0	422	<b>1440</b>	14.3	552	10:59.6	506	2:31.2	444	<b>1502</b>	29.3	526	19:02.0	508	3:09.4	521	<b>1555</b>	0:40:08.0	<b>518</b>	<b>5015</b>
6	1996	w	Kus, Ute	10.1	540	6:08.0	470	1:19.4	418	<b>1428</b>	17.7	398	12:50.0	569	3:01.0	447	<b>1414</b>	34.2	491	22:14.0	568	3:51.2	518	<b>1577</b>			<b>4419</b>
6	1996	m	Deinlein, Uwe	8.9	554	5:20.4	407	1:11.9	341	<b>1302</b>	15.3	449	11:06.3	491	2:43.7	329	<b>1269</b>	32.4	376	18:49.0	526	3:28.0	382	<b>1284</b>	0:40:00.0	<b>523</b>	<b>4378</b>
6	1996	m	Stecklina, Bodo	9.9	394	5:51.1	279	1:21.9	174	<b>847</b>	16.7	323	12:20.0	338	2:57.9	220	<b>881</b>	34.8	277	21:01.0	362	3:44.5	276	<b>915</b>	0:43:46.0	<b>389</b>	<b>3032</b>
6	1996	m	Bauer, Hardy	9.3	487	6:05.2	228	1:18.8	220	<b>935</b>	18	224	13:15.0	242	2:58.0	219	<b>685</b>	34	308	23:22.0	220	3:47.0	262	<b>790</b>	0:51:16.0	<b>180</b>	<b>2590</b>
6	1996	m	Straube, Horst	11	250	6:33.5	142	1:31.9	63	<b>455</b>	18.2	211	13:15.0	242	3:06.0	167	<b>620</b>	38	169	22:24.0	274	4:04.3	172	<b>615</b>	0:45:07.0	<b>345</b>	<b>2035</b>
6	1996	m	Brauns, Jobst	10	380	6:38.5	129	1:22.7	163	<b>672</b>	16.3	357	14:31.9	134	3:21.7	86	<b>577</b>	33.1	346	23:53.0	194	4:27.2	82	<b>622</b>	0:52:32.0	<b>153</b>	<b>2024</b>
6	1996	m	Forth, Manfred	8.6	608	6:27.1	160	1:15.0	284	<b>1052</b>	14	585	14:40.0	125	3:09.0	150	<b>860</b>										<b>1912</b>
6	1996	m	Röder, Dirk	8.9	554	6:04.2	232	1:09.4	392	<b>1178</b>																	<b>1178</b>
6	1996	m	Röder, Klaus	9.4	471	6:11.1	209	1:16.3	261	<b>941</b>																	<b>941</b>
6	1996	m	Georgi, Gotthard															30.8	450	23:26.0	217	3:53.7	225	<b>892</b>			<b>892</b>
6	1996	w	Amsel, Daniela	11.5	347	8:26.7	74	1:46.6	66	<b>487</b>																	<b>487</b>
5	1995	m	Stecklina, Bodo	10.6	298	5:54.8	265	1:17.7	238	<b>801</b>	17.1	291	11:59.8	377	2:52.7	257	<b>925</b>	34.8	277	21:28.7	331	3:48.5	253	<b>861</b>	0:43:03.0	<b>413</b>	<b>3000</b>
5	1995	m	Röder, Klaus	9.8	409	6:03.5	234	1:15.4	277	<b>920</b>	16.2	366	13:55.5	181	2:59.9	206	<b>753</b>	33	350	24:19.2	173	3:51.6	236	<b>759</b>	0:52:12.0	<b>160</b>	<b>2592</b>
5	1995	m	Bentner, Dieter								15.6	420	11:34.5	429	2:44.4	323	<b>1172</b>	33.5	329	19:27.1	475	3:29.4	372	<b>1176</b>			<b>2348</b>
5	1995	m	Straube, Horst	11	250	6:04.8	230	1:25.8	124	<b>604</b>	19.1	155	12:42.8	296	3:10.2	143	<b>594</b>	38.2	163	21:38.5	321	4:04.4	171	<b>655</b>	0:45:12.0	<b>343</b>	<b>2196</b>
5	1995	m	Röder, Dirk	8.6	608	5:57.7	255	1:07.7	428	<b>1291</b>	14.8	499	18:26.5	1	2:56.8	227	<b>727</b>										<b>2018</b>
5	1995	m	Bauer, Hardy								16.8	315	13:03.7	260	3:02.6	188	<b>763</b>	33.3	337	22:28.7	270	3:46.3	266	<b>873</b>			<b>1636</b>
5	1995	m	Tiffert, Udo															29.5	515	18:29.5	553	3:12.8	494	<b>1562</b>			<b>1562</b>
5	1995	m	Stoppe, Bernd	8.8	572	5:23.3	394	1:06.4	457	<b>1423</b>																	<b>1423</b>
5	1995	m	Brauns, Jobst								15.6	420	14:09.1	163	3:23.1	80	<b>663</b>	32.3	380	24:31.6	163	4:39.4	47	<b>590</b>			<b>1253</b>
5	1995	m	Forth, Manfred	8.7	590	6:33.5	142	1:13.4	313	<b>1045</b>																	<b>1045</b>
5	1995	m	Müller, Frank								14.3	552	13:29.2	220	3:13.2	127	<b>899</b>										<b>899</b>
5	1995	w	Stoppe, Carolin	13	188	8:37.7	57	1:51.5	35	<b>280</b>																	<b>280</b>
4	1994	m	Hintz, Rene	8.1	702	5:04.0	485	1:06.0	466	<b>1653</b>	13.6	630	10:58.3	509	2:28.9	466	<b>1605</b>										<b>3258</b>
4	1994	m	Röder, Dirk	8.5	626	6:08.5	217	1:11.8	343	<b>1186</b>	14.3	552	15:11.2	92	2:49.2	284	<b>928</b>	30.5	465			3:41.4	295	<b>760</b>			<b>2874</b>
4	1994	m	Stecklina, Bodo	10.6	298	6:02.3	238	1:22.4	168	<b>704</b>	17	299	12:36.6	307	2:57.8	220	<b>826</b>	33.7	321	21:22.5	338	3:48.0	256	<b>915</b>	0:44:59.0	<b>349</b>	<b>2794</b>
4	1994	m	Röder, Klaus	9.7	424	6:10.0	212	1:13.0	320	<b>956</b>	15.2	459	13:47.2	193	2:51.7	265	<b>917</b>	31.7	408	26:13.3	95	3:50.6	241	<b>744</b>			<b>2617</b>
4	1994	m	Straube, Horst	11.5	195	6:17.0	190	1:30.0	80	<b>465</b>	18	224	12:28.2	322	3:08.8	151	<b>697</b>	39.6	125	21:29.5	330	4:12.0	138	<b>593</b>	0:45:11.0	<b>343</b>	<b>2098</b>
4	1994	m	Stoppe, Bernd								14	585															

### Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt	
2	1992	m	Martin, Erhard	9.2	503	5:36.2	338	1:14.7	289	<b>1130</b>	14.7	509	11:45.0	407	2:46.1	309	<b>1225</b>	31.8	403	20:36.0	390	3:48.0	256	<b>1049</b>	0:42:30.7	<b>431</b>	<b>3835</b>	
2	1992	m	Forth, Manfred	8.6	608	5:56.5	259	1:12.2	336	<b>1203</b>	13.4	653	13:30.0	218	2:45.6	313	<b>1184</b>	29.8	500	24:34.0	161	4:01.0	188	<b>849</b>			<b>3236</b>	
2	1992	m	Röder, Klaus	9.5	455	5:50.6	281	1:14.5	293	<b>1029</b>	15.2	459	12:45.0	292	2:51.2	269	<b>1020</b>	32.6	367	22:58.0	242	3:42.0	291	<b>900</b>	0:48:46.5	<b>241</b>	<b>3190</b>	
2	1992	m	Lotzmann, Manfr.	8.9	554	6:54.5	91	1:16.8	253	<b>898</b>	14.5	530	15:36.0	69	3:09.4	147	<b>746</b>	30.3	475	27:09.0	66	4:30.0	73	<b>614</b>			<b>2258</b>	
2	1992	m	Brauns, Jobst								15	479	13:33.0	214	3:11.0	138	<b>831</b>	31.8	403	23:45.0	201	4:18.0	114	<b>718</b>			<b>1549</b>	
2	1992	m	Bauer, Hardy															34.5	289	21:10.0	352	3:35.2	334	<b>975</b>			<b>975</b>	
2	1992	m	Giersberg, Erhard								15.7	411	12:37.0	306	2:58.7	214	<b>931</b>											<b>931</b>
2	1992	m	Kurkotow, Johan.	10.3	338	6:14.4	198	1:18.3	228	<b>764</b>																		<b>764</b>
1	1991	w	Illing, Annette	10.5	480	6:18.0	430	1:21.4	382	<b>1292</b>	17.2	440	13:45.0	463	3:20.0	305	<b>1208</b>	37.1	370	23:22.2	492	4:22.8	330	<b>1192</b>	0:46:43.8	<b>598</b>	<b>4290</b>	
1	1991	m	Schlauß, Norbert	8.4	644	5:39.0	327	1:12.1	338	<b>1309</b>	13.5	641	12:31.0	317	3:02.0	192	<b>1150</b>	28.1	590	21:59.2	299	3:34.6	338	<b>1227</b>	0:47:15.4	<b>282</b>	<b>3968</b>	
1	1991	m	Röder, Klaus	9.1	520	5:43.0	311	1:09.9	382	<b>1213</b>	15.1	469	12:35.0	310	2:44.0	327	<b>1106</b>	31.2	431	22:25.4	273	3:36.9	323	<b>1027</b>	0:46:33.8	<b>302</b>	<b>3648</b>	
1	1991	m	Brauns, Jobst	9	537	5:59.0	250	1:17.4	243	<b>1030</b>	14.7	509	12:45.0	292	3:08.0	155	<b>956</b>	30.8	450	22:28.2	270	4:03.4	176	<b>896</b>	0:45:26.6	<b>335</b>	<b>3217</b>	