

20.Läuferzehnkampf vom 16.-19.08.2010

Lauf	Datum	m/w	Name, Vorname	Alter	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
20	16.-19.08.10	m	Peschick, Joshua	15	8.8	572	5:05.3	479	1:05.4	480	1531	13.6	630	11:35.9	426	2:35.0	407	1463	28.3	579	20:35.9	391	3:27.0	389	1359	0:44:58.1	350	4703
20	16.-19.08.10	m	Sonntag, Steven	37	7.8	762	5:29.9	365	1:05.5	477	1604	13.9	596	12:33.6	312	2:41.5	348	1256	28.4	574	22:23.3	275	3:36.6	325	1174	0:47:11.8	283	4317
20	16.-19.08.10	m	Wenzke, Jörg	41	7.8	762	5:44.3	305	1:09.0	400	1467	14.1	573	12:37.6	305	2:44.4	323	1201	29.3	526	22:53.0	247	3:55.9	213	986	0:45:48.5	324	3978
20	16.-19.08.10	m	Reinhardt, Ralf	47	8.6	608	5:41.2	318	1:06.9	446	1372	13.6	630	12:45.8	291	2:44.6	322	1243	28.1	590	22:56.4	243	3:54.3	221	1054	0:46:42.5	297	3966
20	16.-19.08.10	w	Kus, Ute	51	10.4	495	6:51.1	310	1:28.3	270	1075	18.0	374	14:29.4	386	3:27.8	254	1014	38.9	304	24:48.7	403	4:23.9	325	1032	0:51:18.0	455	3576
20	16.-19.08.10	m	Böttcher, Björn	29	9.3	487	5:44.5	305	1:14.6	291	1083	15.5	430	13:04.0	260	2:58.2	218	908	31.6	412	22:36.4	262	4:00.4	190	864	0:45:33.0	332	3187
20	16.-19.08.10	m	Wagner, Roland	53	9.4	471	5:49.1	287	1:15.9	268	1026	16.3	357	13:40.9	202	3:00.5	202	761	33.6	325	23:39.6	205	3:58.7	199	729	0:51:54.0	166	2682
20	16.-19.08.10	m	Katoll, Claus	58	10.2	352	6:09.9	213	1:16.9	251	816	16.7	323	13:52.1	186	3:05.8	168	677	34.9	273	22:58.5	241	4:06.4	162	676	0:46:57.9	290	2459
20	16.-19.08.10	m	Altnickel, Jens	45	9.2	503	6:14.9	196	1:15.6	273	972	15.5	430	14:31.9	134	3:08.3	154	718	35.7	244	25:07.8	137	4:09.1	150	531	0:52:54.2	145	2366
20	16.-19.08.10	m	Biallas, Günther	61	11.3	216	6:15.6	194	1:25.6	127	537	17.9	231	13:26.2	224	3:14.2	121	576	38.2	163	23:02.5	238	4:13.2	133	534	0:47:58.8	262	1909
20	16.-19.08.10	m	Kiank, Jens-Uwe	52	10.1	366	5:47.8	292	1:15.6	273	931	16.9	307	13:09.2	251	3:09.1	149	707										1638
20	16.-19.08.10	w	Katoll, Ines	55	13.3	162	7:57.8	128	1:40.2	122	412	21.4	152	16:45.6	193	3:59.2	96	441	44.7	135	28:41.5	207	5:06.0	141	483	0:59:10.6	254	1590
20	16.-19.08.10	m	Jannaschk, Bernd	54	10.6	298	6:31.5	147	1:29.9	81	526	17.4	268	14:45.3	119	3:23.9	76	463	37.2	193	25:15.7	132	4:27.4	81	406	0:52:05.0	162	1557
20	16.-19.08.10	m	Röder, Steffen	10	10.5	311	6:37.6	131	1:26.5	116	558	17.3	275			3:19.8	94	369	36.0	233			4:10.3	145	378			1305
20	16.-19.08.10	m	Regehr, Gerhard	68	11.5	195	6:57.9	84	1:29.5	85	364	19.1	155	15:21.7	82	3:41.6	21	258	40.3	107	25:23.3	126	4:41.9	41	274	0:51:38.9	172	1068
20	16.-19.08.10	m	Heimbach, Christoph	59	13.5	43	6:47.3	107	1:39.8	14	164	21.4	51	14:39.9	125	3:36.3	34	210	44.7	28	24:38.0	158	4:51.2	23	209	0:51:15.3	181	764
20	16.-19.08.10	m	Prescher, Thomas	48	12.2	129	7:18.7	46	1:36.4	31	206	20.8	73	15:51.1	57	3:41.0	22	152	42.5	62	26:32.6	84	4:41.2	43	189	0:55:53.7	91	638
20	16.-19.08.10	m	Georgi, Gotthard	60	10.5	311	7:40.8	18	1:36.2	32	361	18.5	191	18:50.9	1	4:19.9	1	193										554
20	16.-19.08.10	m	Brauns, Jobst	72	11.4	205	8:00.0	4	1:47.1	1	210	19.1	155	16:51.1	19	4:08.0	1	175	42.0	71	29:33.1	15	5:27.6	1	87	0:59:03.9	47	519
20	16.-19.08.10	m	Polleschner, Gerhard	69	11.7	175	7:04.4	71	1:37.3	26	272	21.2	58	15:58.2	51	3:44.5	15	124	44.4	32	28:25.4	34	5:05.6	5	71			467
20	16.-19.08.10	m	Witschas, Lothar	59	10.8	273	7:26.2	35	1:26.5	116	424																	424